



Saint John of God Hospitaller Services, Malawi

2024 Annual Report



... In Partnership, we Serve...



Foreword

In the year 2024, our key working colleagues were out supporting the people, that we are privileged to serve while accomplishing the second year of our new five-year strategic plan implementation. The plan has five pillars, which are our roadmap for the next five years, namely: 1) Governance, Institutional and Human Capital Development; 2) Optimal Service Delivery; 3) Education, Research, and Consultancy; 4) Partnership, Advocacy and Communication; and 5) Resource Mobilization and Investments. This report highlights key activities that we carried out in 2024 towards the implementation of the plan.

The major highlight was the celebration of 30 years of our Hospitality movement in Malawi. Our health facility in Lilongwe was recognized with two stars by the Ministry of Health. Despite the challenges, we continued to reach more people by opening a new Lumbadzi mental health outreach clinic. Several significant events and programs impacted the lives of those with whom we share the gift of Hospitality.

With support from our partners, we promoted mental health within communities through school mental health programs and various community health education programs. We offered holistic rehabilitation services and vocational skills training to children and youths with special needs. The College of Health Sciences finalized the paperwork for accreditation as an independent university.

While we finalized the development of our own Workplace Mental Health Wellness Policy, we also continued to facilitate employee wellness workshops and stress management in different workplaces across the country. We carried out a functional review of our staff establishment to address some HR issues in our two centres.

While a lot was accomplished, our operations of programs were still affected during the year largely by low inflows. Despite this and with financial support from our Province (through HSG), Saint John of God Development Company-Ireland; Hospitaller Broeders-Netherlands, KNH-Germany, and Luxembourg, BMZ, Seed Global, Save the Children, CBM, and others we attained most of our objectives for the year. The management was able to keep services afloat through expenditure controls. We thank the Chairperson and members of the Board of Management who generously share their time, skills, and resources towards our mission. We commend the dedication to values and exceptional work manifested among all Hospitallers, Brothers, and volunteers across our services! They are remarkable and the successes that you see here are because of their hard work.

We thank God for what was achieved by His Grace in the year.

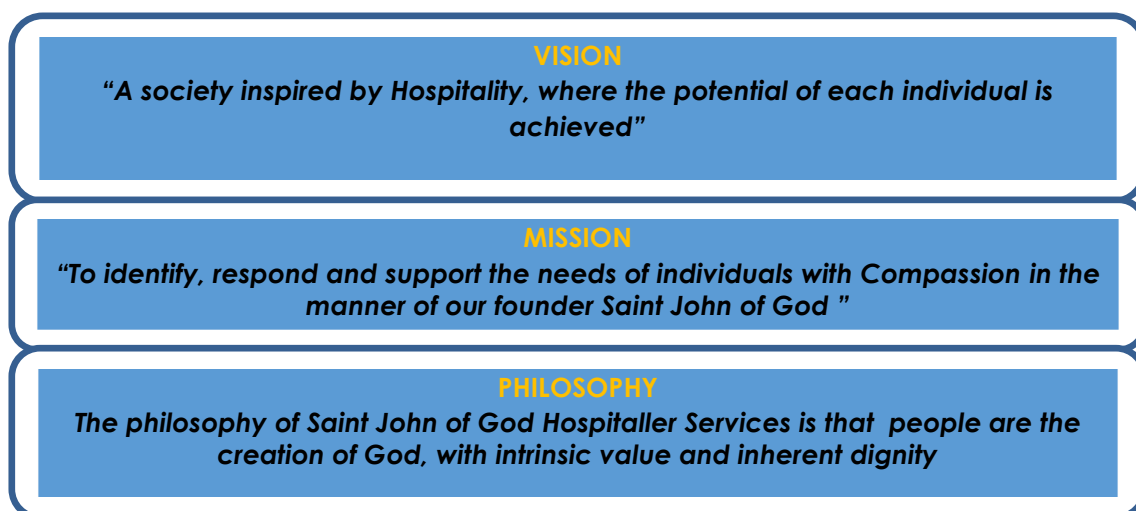
Charles Masulani Mwale (CEO)

Our Organisation

St John of God Hospitaller Services Malawi is a non-profit, faith-based organization established in Mzuzu in 1994 and incorporated in 2011. Its mission is to contribute to the development of Health for all by providing community-based mental health promotion and care and services for children with disabilities. It is the leading provider of community-based mental health services in the Northern and Central Regions of Malawi. It works in partnership with the Government of Malawi, the community, and individual families, to provide quality mental health and disability services, which are accessible, sustainable, and comprehensive. Starting with an outpatient mental health outreach service in 1994, the organization's programs now include: residential service for persons with mental health challenges in both Mzuzu and Lilongwe cities; Outreach mental health programs through the primary health care approach including child and adolescent psychiatry program and maternal mental health services. Related programs include rehabilitation and vocational training for persons recuperating from mental illness, vulnerable youths, those with other disabilities and special needs; early child interventions, and community-based rehabilitation for children with both physical and intellectual disabilities and those operating in and on the streets of Mzuzu City. In addition, SJOG also delivers interventions for older persons; psychosocial counseling, an addiction recovery program, and a self-help group approach for women empowerment. SJOG has a College of Health Sciences affiliated with the University of Malawi and Mzuzu University offering tertiary-level training for psychiatric nurses, psychiatric clinicians, psychosocial counselors, and general nurses.

It has different cadres of staff totalling 308 plus 19 brothers and 89 volunteers working in its various programs/ projects and support departments in both Mzuzu and Lilongwe.

Corporate Vision, Mission, Philosophy and Values



Core Values

Our core values are Hospitality, Compassion, Respect, Justice and Excellence.

Our Strategy

In 2024, St John of God Hospitaller Services, Malawi set out to achieve various objectives under 5 main strategic Pillars of the 2023-2027 strategic plan.

The 2023-2027 Strategic Plan was developed through a critical analysis of the views of key stakeholders; evaluation of the previous strategic plan (2017-2022) in terms of achievements and challenges; examination of the strengths, weaknesses, opportunities, and threats surrounding SJOG as an institution; and an environmental scan through the use of the PESTEL Analysis.

The Strategic Plan aligns with the Malawi Vision 2063, key Government policies, and strategic goals of key Ministries and organizations that SJOG collaborates with. The strategic plan also aligns with the group strategy for the Hospitaller Services Group (HSG) covering Ireland, Great Britain, and Malawi.

Pillar 1: Governance, Institutional and Human Capital Development

Ensuring that proper systems and structures are in place to manage the affairs of SJOG

Pillar 2: Optimal Service Delivery

This pillar encapsulates all earmarked for the stated period

Pillar 3: Education, Research and Consultancy

This pillar contains activities related to education, research and consultancy services

Pillar 4: Partnership, Advocacy and Communication

collaborative process. It also embodies advocacy work and internal and external communication initiatives.

Pillar 5: Resource Mobilization and Investments

revenue generation initiatives that will enable SJOG deliver on its mandate and objectives.

Strategic Updates

Pillar 1: Governance, Institutional, and Human Capital Development

Goal: Strengthened good corporate governance practice and institutional capacity for quality programming

2.1 Institutional and Human Capital Development

To build and sustain employee motivation, a services functional review was conducted, that resulted in a proposed staff establishment, reflecting the current staffing levels for both services and projects. Previously, the service relied on the Government staff establishment, which had significant gaps. The review was conducted to be able to align our staff establishment with what the Government will come up with, ensuring it includes all the positions identified in our functional review.

To enhance skills development among staff, fortnight CPD sessions were conducted across the services, and renewal of licenses for nurses, clinicians, and other staff was facilitated.

Thirty-nine staff from different departments in Mzuzu attended sign language training from 12th to 16th August 2024 to enhance communication with service users.

Twenty-six Team and Functional leaders across the services had a refresher training on the Staff Performance Management System.

2.2 Current Staffing Levels

Pillar 2: Optimal Service delivery

Goal: Enhanced efficiency and effectiveness in service delivery by 2027

2.1 Angulo's and St John of God Day

On the 19th of January 2024, the service commemorated Angulo's Day (Co-workers' Day) to celebrate Co-workers' contribution to the hospitality mission. Long-serving employees and best performers were rewarded. Commemoration of Angulo Day promotes and encourages a culture of excellence and continuous development, and enhances employee morale and job satisfaction. Angulo who was with John of God for many years, was a good helper and a companion.

Similarly, special prayers and celebrations were conducted to honor St John of God, our patron Saint and our founder, on 8th March 2024.



2.2 Commemoration of the 30th Anniversary

In the year 2024, we commemorated the 30th Anniversary of the establishment of the hospitaller mission in Malawi. Together with service users and benefactors, we reflected on the impact of hospitality at individual, family, and community levels. Several activities were conducted across the services to mark the occasion with the main activity celebrated on the 30th of June 2024, led by the Auxiliary Bishop of Mzuzu Diocese and the Malawi Board of Directors.

Guests and stakeholders had a chance to appreciate services offered in Mzuzu and Lilongwe through pavilions that were mounted, and ceremonies to recognize first hospitallers, benefactors, staff, and service users. Below is a picture of guests viewing the Institute of Vocational Training pavilion;



2.3 Quality Improvement

St John of God Hospital Services Malawi Strives to be a center of excellence for mental health services provision in Malawi by offering comprehensive compassionate, respectful, and quality care to all while respecting service users' dignity and ensuring equality.

In the year 2024, we empowered our quality improvement committees in both Centers. These committees ensured that all relevant policies, treatment guidelines, procedure manuals, and standards of care were available, all staff were oriented to the same and all monitoring and evaluation activities were conducted appropriately. This saw the institution being awarded 3 and 2 stars respectively by the Ministry of Health, ranking the services second best performing health services provider and 1st best performing mental health services provider in the country.

The achievement is rewarding to service providers and gives service users confidence. The quality improvement teams continue to work on maintaining set standards.

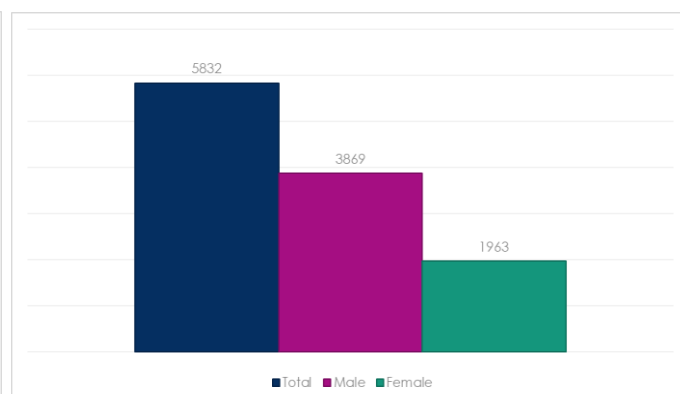
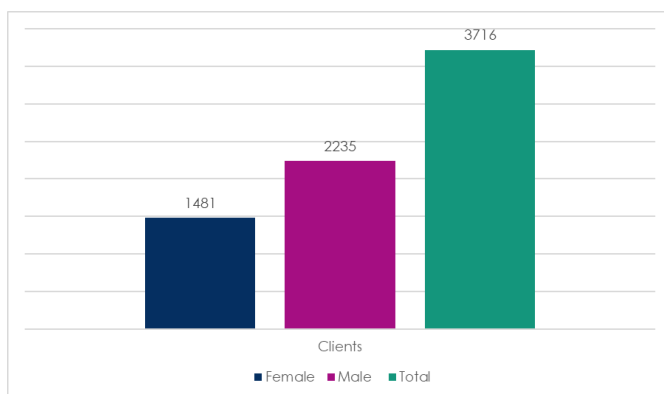


SJOG Representatives accepting the award from the Secretary of Health

2.4. Community Mental Health Services

2.4.1 Outpatient and Outreach Mental Health Services

A total of 9,548 (6,104 Males, 3,444 Females) service users were registered at our outpatient mental health services in Mzuzu and Lilongwe respectively by the end of December 2024. While a total of 1,058 were registered in the 14 outreach clinics (7 clinics in Mzuzu and 7 clinics in Lilongwe)



Graphs of clients registered at OPD in Mzuzu and Lilongwe respectively

Reopening of Lumbadzi Outreach Clinic

We recommenced the provision of mental health services at Lumbadzi Primary Health Care facility through the Lilongwe District Health Office to cater to an increasing number of clients in the area. The community team held several meetings with community stakeholders, identified and trained community volunteers, and conducted mass community awareness campaigns before commencing the services on 13th September 2024. The clinic as of 31st December 2024, registered 40 clients with mental health disorders, and new clients are being registered each month. Below is a picture showing the stakeholders' meeting and clinic activities.



2.4.2 Community mental health education and empowerment activities.

The community team in liaison with social work embarked on promoting entrepreneurial skills among clients through their support groups in all outreach clinics. The entrepreneurship skills training helped clients stay focused on activities that helped them improve their well-being as well as medical compliance, enhancing recovery. Peer support groups have proven beneficial

in client recovery and reduction of readmissions. Pictures below are members of Nsaru support groups involved in animal farming;



2.4.3 Mental Health Promotion

School mental health

School mental health interventions including mental health education and mental health clubs were facilitated monthly in selected primary and secondary schools as well as Institutions of Higher Learning in the year. The interventions empowered learners and students with knowledge of mental health and skills to handle peer pressure, school, and adolescent-related stress, and how to support each other. One session at Adziwa Christian school in Feb., with 20 teachers; 4 sessions at Chipasula Secondary School in Feb. for 1,500 students; Kawale L.E.A in Feb., for 400 students; John Lee Memorial Primary School in March, for 200 learners; Malawi Institute of Tourism (MIT) for 80 students and 5 teachers in April, Multi-career, Padre Pio, Mzuzu Government, Nkhorongo CDSS for 2201 students (M = 914; F = 1287) and Multi-career Secondary school in May to December, 2024. Lilongwe University and African Bible College in October and November for 50 students; the University of Livingstonia for 570 students and 149 staff



Workplace and employee mental health and psychosocial services.

Several employee mental wellness sessions; demobilization, reintegration, and debriefing (Critical Incident Stress Management) sessions were conducted during the year involving 6 companies/ institutions including St John of God Hospitaller Services and 540 employees from Malawi Defence Forces (MDF), Malawi Liverpool Welcome Trust staff in Blantyre, JTI staff, ESCOM, and MATCH Foundation.



Workplace mental wellness sessions in progress

Formulation of St John of God Workplace Mental Health Policy

Saint John of God Hospitaller Services has in recent years been facilitating Employee Assistance Programmes (EAPs) and Employee Wellness Programmes (EWPs) for many reputable organizations in Malawi including The Reserve Bank, The National Bank of Malawi, The Malawi Defence Force post-redeployment exercise, Electricity Supply of Malawi (ESCOM), among others. Through these initiatives, many employees have been supported to deal with burnout, substance and non-substance addictions, anxiety-related problems, and other issues. Some of the facilitated organizations have since developed their workplace mental health policies.

Taking advantage of the 2024 World Mental Health Day theme, “It’s Time to Prioritize Mental Health in the Workplace”, in August 2024, the service embarked on a process of developing its own Mental Health Workplace Policy. We conducted staff climate meetings in Lilongwe and Mzuzu, to evaluate the current state of mental health understanding and support amongst

St. John of God staff and identify gaps and opportunities for improvement in the work environment to ensure the policy is responsive to responsive to the staff needs.

Community mental health awareness

The community teams in the two centers conducted several community mental health awareness activities in the year. One of the activities involved mental awareness sessions for the hundreds of youths who attended a famous musician memorial show in at Lilongwe Area 18 Tower on 18th August 2024. The team also provided one-on-one basic counseling services to the participant who sought the services and distributed information leaflets. Below are the pictures highlighting the event:



A mental health clinical officer presenting a talk during the event

Suicide prevention

In response to increasing numbers of suicide cases in the country, the service 2024 streamlined the National Suicide Prevention Implementation Framework and adopted the Columbia-Suicide Severity Rating Scale (C-SSRS), to evaluate the risk of suicide in children, teenagers, and adults.

Additionally, conducted quarterly mental health and psychosocial first aid sessions for members of staff and stakeholders in both services including health workers, teachers, police officers, prison warders, and religious and traditional leaders. A total of 480 stakeholders were reached with knowledge and skills in responding to crisis situations as well as recognizing and assisting those in crisis. A total of 40 media personnel were also oriented in Mzuzu in responsible reporting.

2.5 Residential mental health services

House of Hospitality Mzuzu – a 34 bedded short stay unit

House of Hospitality Lilongwe – a 49 bedded short stay unit



Clients Admission

The House of Hospitality Mzuzu and Lilongwe are referral residential psychiatric units for the Northern and Central Regions of Malawi respectively. The Northern region has a population of 2, 532, 270 and the Central region 7, 523,340 people.

In the year 2024, the House of Hospitality, Mzuzu admitted 228 clients (169 males and 63 females). The average daily bed occupancy was at 75.5%.

The House of Hospitality Lilongwe admitted 341 clients (272 in General ward (Galicia), 66 in private wing (Genil) and 3 in Adolescent wing (Genesa). 236 were males and 104 females. The average daily bed occupancy was at 89%.

Client Satisfaction survey

In the year, the House of Hospitality, Mzuzu conducted a client satisfaction survey to assess the quality of care that is provided to clients. It was encouraging to note that many clients were satisfaction with the care that they received. The satisfaction rates were as follows; Reception – 73%; Discharge process – 84%; Information provision – 79%; Medication Knowledge – 57%; Quality of meals – 84%; Quality of accommodation – 84%. Challenges in remembering medication names for most clients were discovered, The team consequently intensified individual and group psychoeducation with emphasis on the medication for both clients and guardians.

Risk management

In order to strengthen the risk management system across residential services, we established a service-wide risk management committee, updated the risk management framework, and enhanced monthly safety checks of all residential areas. Identified risks are documented and addressed appropriately.

Reviewed safeguarding systems within the service in March and continued orienting staff and clients in House of Hospitality to the Child and Vulnerable adults' rights, protection, and policy including the case management system. Similarly, service users are periodically introduced to the office and duties of the hospital ombudsman

2.6 Addiction Recovery Services



Molinos addiction recovery services, Lilongwe;

- Residential and non-residential services
- 110 (96 Males, 14 Females) clients were admitted for the addiction recovery programme in 2024, out of these, 104 completed the treatment in the year

To enhance evidence-based services delivery, Molinos team conducted a study to assess the prevalence and associated factors of pathological sports gambling among youths in Lilongwe district, Malawi. Appropriate ethical approval was obtained. 44 betting shops were randomly selected and 383 participants were recruited. **Results:** The overall prevalence of pathological sports gambling was 88%.

Common among males (99%) than females significant relationships were established between pathological gambling and employment status, anxiety, and depression. The prevalence of pathological sports betting was high in Malawi compared to the global estimates hence targeted health promotion, preventive strategies, and early intervention programs are recommended to address the public health implications of gambling activities.

2.7 Child Services

2.7.1 Early Child Interventions

Child Development Centre, Mzuzu



Child Development Centre, Mzuzu

- Provides community and centre-based bio-psychosocial early interventions for children and adolescents (0-18 years) with developmental delays, disabilities and mental health challenges

In 2024, the CDC department focused on promoting inclusive education and providing support for children with developmental disabilities and psychiatric disorders. Key functions included capacity building, training, community outreach, and providing resources for children and their families. The department conducted extensive capacity-building sessions for various stakeholders, launched a new school bus to address mobility challenges, renovated the children's playground and facilities, and successfully supported and referred 14 learners to mainstream primary schools and Community-Based Childcare Centers (CBCC) while 7 were referred to the Institute of Vocational Training.

This initiative has demonstrated the effectiveness of the CDC programs in preparing children for integration into mainstream schools.

Some children diagnosed with epilepsy and ADHD are now stable and enrolled in Elvira Special Needs School.



Learners that were referred to mainstream primary schools with parents and teachers and a school bus



Early child interventions Likuni, Lilongwe



Early child intervention using a portage approach for children 0-6 years with intellectual and physical disabilities;

- 6 Community Based Rehabilitation Clinics
- Postural management
- Inclusive education
- Advocacy and Child rights protection

To enhance rehabilitation and access to health assessment, treatment, and care of children with intellectual and physical disabilities, the Portage team facilitated quarterly parents/guardians training on nutrition and best feeding practices, sanitation, and hygiene, home exercise, making toys and postural equipment using locally available resources and income generating activities. A total of 373 (F: 331, M:42) and 396 (F: 344; N:52) attended. Cooking demonstrations using locally available foods were conducted quarterly. Overall, improvement in compliance with therapy and consequent attainment of milestones at different levels was observed in all children



Nutrition education and feeding practices training



Parent training to use locally available resources to make toys and parallel bars

2.7.2 Street Connected children's programme



Umoza Children's Programme Centre bases and outreach focus;

- Education
- Behavioural change
- Child rights & advocacy
- Temporary accommodation
- Parent/guardian economic empowerment

Celebrating Academic Excellence among Umoza Children

In 2024, the Umoza department celebrated the exceptional achievements of its students who excelled in their Malawi School Certificate of Education (MSCE). Umoza children made history, and a significant number passed their MSCE with flying colors. Out of 27 students who sat for MSCE 10 children scored 20 points below, a remarkable milestone for the project. Among the ten students, there is OC, the best student at Msongwe CDSS, with 13 points.

As we celebrate this achievement, we recognize and appreciate the impactful work, Umoza project and its benefactors are doing in transforming the lives of hopeless children.

The invaluable contributions from our dedicated team, partners, and donors are highly recommended.



OC (in the Middle) with KNH Team and members of the Management

The market leaders' Involvement in Child Protection

Being a street-connected program, most of the children who enroll in the project Umoza are in contact with people in the market. Recognizing this, the project staff works closely with market leaders in identifying and protecting the children. In 2024, among the children that the market leaders referred to Umoza, there is an outstanding story of P. P's journey was marked with hardship following his parents 'divorce. He was exposed to substances at a young age and ended up in the street and alone. Fortunately, one of the market leaders who is aware of the Umoza children's project recognized the signs of a child in need. Understanding Umoza's mission to support and protect vulnerable children, they took P to the project for help. He was enrolled in the remedial class after assessment and attended various therapies, the results were transformative. The child attends classes regularly, and his relationship with his mother has greatly improved

2.8 Vocational Skills Training



Construction of disability-friendly structures

One of the activities trainees at the Institute of Vocational Training were engaged in during the year, was to identify and implement innovative ways to improve the learning environment, including strengthening the use of participatory teaching approaches, building ramps in selected schools, and disability-friendly model toilets to better address and respond to the needs of children with disabilities in Mzuzu city. The trainees constructed ramps at Doroba Primary School in Mzuzu, which has 400 learners including those with disabilities. This school was constructed in the 1980s and had almost no structures that would allow learners with mobility challenges to access classrooms.

At the point of finishing construction of the stated structures, 8 learners (2 girls and 6 boys) with disabilities were directly benefiting from the development and the number is likely to increase.

The new structures at Doroba primary schools did not only provide easy access to classrooms by the learners especially those with disabilities but also positively changed the outlook of the school.



School back before and after construction of ramps

Centre-based vocational training

Following successful completion of the training in the first year of the project, 1 graduation ceremony was facilitated where 70 trainees graduated. This was followed by the placement of graduates in internship positions with various employers. Of the 31 graduates that were placed in internship positions, 14 got formal employment and 4 of the 14 were graduates with learning disabilities and mental health challenges. Results from the annual tracer study that was conducted by the project targeting all graduates from the first year of the project indicated that; graduates who are working were getting above MK65,000. with the highest getting MK240, 000.00 salary a month and the lowest getting MK20, 000.00 a month. From this, the project has witnessed a transformation of the most vulnerable youths' life who are now able to support themselves and provide for their families.



Kindernothilfe Country Coordinator
Interacting with some graduates at their
places of work

2.9 Services for the Elderly

Healthcare Support

As part of our commitment to promoting healthy aging, in conjunction with Mzimba North District Hospital, clinical services designed specifically for older adults were delivered in their respective centers. The goal was to provide accessible, comprehensive, and patient-centered care to address the unique health challenges faced by older citizens. The program offered a range of essential health services including; medical screenings for chronic diseases, health education and counseling, nutrition and disease management, and referrals to specialist care.

Throughout the program, **162** were treated



Other activities



A Stakeholders meeting (Social welfare, Police, Health personnel, CBOs and community leaders) to discuss issues affecting the elderly and map way forwards towards supporting them

World Elder Abuse Awareness Day



Commemorated World day
World Elder Abuse Awareness
Day on 15th June 2024

Capacity Building of Older Citizens Associations.

In a groundbreaking initiative, our organization partnered with the Malawi Network of Older Persons Organization to provide a comprehensive Training of Trainers (ToT) to Older Persons Association leaders. The objective was to equip older persons with the skills and knowledge necessary to strengthen their association and advocate for their rights. 45 older person association leaders attended the training.



2.10 Disability Inclusion Projects

2.10.1 Inclusive Early Childhood Care and Development (IECCD) – Mzimba North

The organization with support from Save the Children International implemented an Inclusive Early Childhood Care and Development project in Mzimba North. Through this project, the organization supported 92 CBCCs with construction materials like Cement, Iron sheets, Nails, and timber to upgrade their CBCC building blocks which were constructed by the community. Constructed three model CBCCs and constructed 90 toilets in the impact areas to improve the physical safety of the CBCCs



Left: Model CBCC building and Right: Centre: building before Project Right: CBCC after Project support

Set up and operated Community Based Rehabilitation (CBR) clinics where 75 children were provided with physiotherapy sessions monthly. 12 children were discharged, 21 achieved major while 23 children attained minor developmental milestones. Trained 80 (26M and 54 F) parents and guardians and 537 Caregivers in the Portage approach. Provided 28 assistive devices e.g. standing, sitting & walking frames, Orthotics, and wheelchairs. Supported 3 children to undergo surgery at Beit Cure International Hospital in Blantyre, Lilongwe, and Mzimba District Hospital.



Left: Rehabilitation technician mentoring the mother on how to conduct Physiotherapy

Centre: A CBCC child is provided with a wheelchair chair

Right: A Child placed on CP chair

2.10.2 Disability Inclusion and Portage Approach pilot project – Save the Children Ntcheu

St John of God Hospitaller Services, Malawi in partnership with Save the Children, Malawi implemented a 9-month disability inclusion and portage approach pilot project integrated into Maziko and Abwenzi Ana projects with funding from Save the Children Italy from November 2023 to July 2024. The project was aimed at building the capacity of all stakeholders of 2 existing Save projects at the traditional authority and district level in Ntcheu District to be able to identify and support children and learners with disabilities and support caregivers through the process.

It reached a total of 548 direct beneficiaries; 95 District Executive Committee (DEC) members, 53 Stakeholders, 18 District Disability Forum members, 22 Training of Trainers participants, 113 Health Surveillance Assistants, Care group members and Health promoters, 72 CBCC caregivers and mentors, 49 primary school teachers, 110 parents/guardians(40 were members of peer groups), 16 households (16 children).

A total of 3 peer support groups for parents/guardians in rural Ntcheu were formed, Linkages and referral pathways were established – and a total of 27 children with disabilities were referred to the project from different stakeholders, assistive devices were procured and distributed to selected children.

Postural equipment, project staff assisting mother on how to place and play/stimulate the child on a CP Chair



2.10.3 Promoting equal rights, inclusion, and community engagement for persons with disabilities

Saint John of God, with funding support from CBM International, implemented a disability inclusion project in the Karonga, Mzimba, and Lilongwe Rural Districts. The project commenced in 2022 and closed in 2024. In the 36 months of its operations, the project improved access and participation of persons with disabilities in basic social services across the targeted districts. To this effect 6, 740 (3,701 males and 3,039 females) persons with disabilities have accessed basic social services including; inclusive health and rehabilitation services, inclusive education, vocational skills, and others.

Specifically, 1,637 (962 males, 675 females) accessed health and rehabilitation interventions, 937 (525 males, 412 females) accessed inclusive ECD services, 3,832 (1996 males, 1836 females) accessed inclusive primary education while 334 (218 males, 116 females) accessed vocational training programs. The number of children with disabilities in ECD centers was 937 out of 6, 294 (2909 males, 3385 females) total number of children enrolled in the 73 targeted CBCCs in the districts. Similarly, the number of children with disabilities in primary schools was 3,832 out of 86,722 children (42,494 males and 44,228 females) as of December 2024 who were enrolled in 62 primary schools, representing a portion of 4.4% of total enrollment. This means that the project surpassed its overall target of 6,250 persons with disabilities and vulnerable others which translates to a 108% percent achievement rate.



CBM project exit in Karonga District

The expiry of the CBM project necessitated a stakeholder engagement in Karonga District to prepare the exit and transition of the 5 Community-Based Rehabilitation clinics to Karonga District Health Office. A new project is planned for Mzimba North and Lilongwe Rural. A meeting was therefore held with the Director of Health and Social Services of the Karonga District Council which resulted in integration of the clinic activities in the District Implementation Plans (DIP) and the plan for logistical support including fuel for the clinic activities to minimize interruptions.

A second meeting was conducted with the Karonga Diocesan Caritas Secretary to provide the project's update and the exit plan. The Caritas office appreciated the project's work and made a commitment to support the DHO with their ambulance for the mobility to the clinics. The Diocese also expressed interest in developing a project to adopt the clinics through the health office.



2.11 Humanitarian Support for Survivors of the Cyclone Project

Mental Health in Disasters

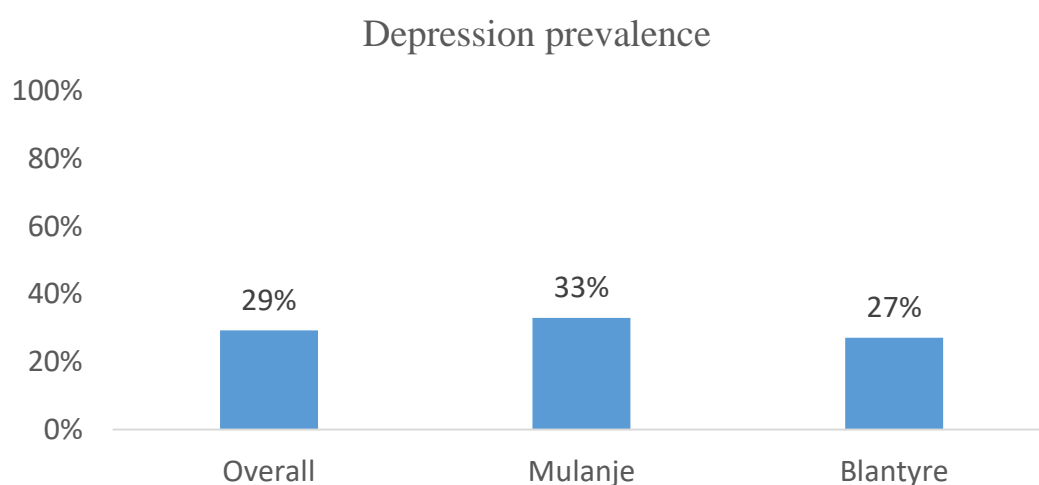
Saint John of God Hospitaller Services Malawi, with financial and technical support from Kindernothilfe—Luxembourg, implemented a mental health and psychosocial support humanitarian response project in support of survivors of Cyclone Freddy from September 2023 to September 2024 in Blantyre and Mulanje districts. This intervention highlighted the importance of integrating mental health in disaster responses.

The organization screened for depression and other mental disorders in a total of 1,112 individuals (696 in Blantyre and 416 in Mulanje) using the Patient's Health Questionnaire (PHQ-9) and Depression Functionality/ Burden Scale to determine levels of functioning.

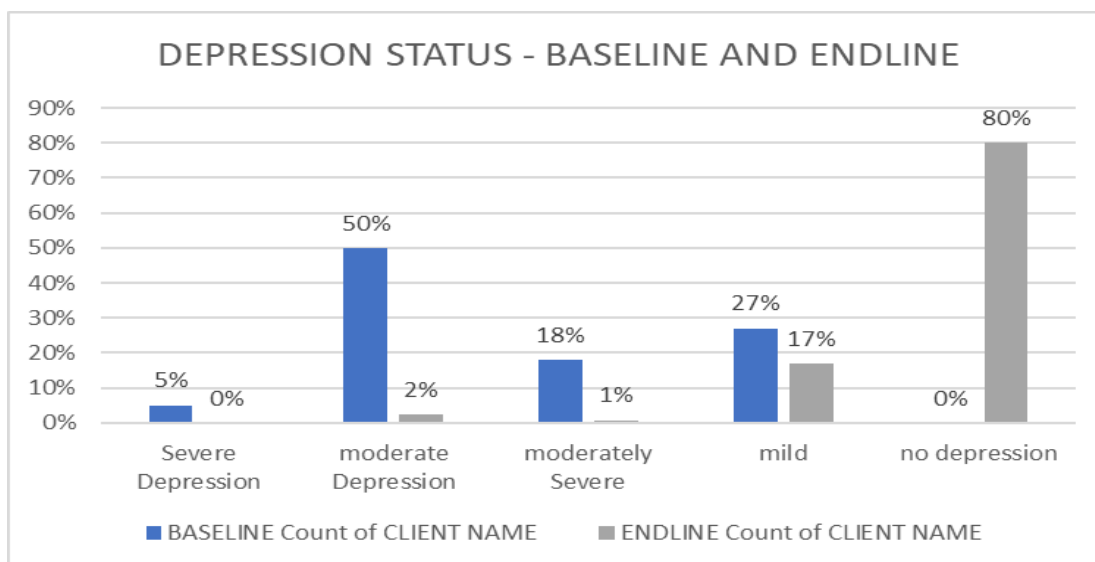
Depression Prevalence and IPT-G Intervention

A total of 322 individuals (M 145 F 177) (29% prevalence) that were identified with depression were offered Interpersonal Therapy Group, delivered by trained lay counselors

The IPT-G demonstrated positive outcomes in addressing depression among Cyclone Freddy survivors after 8 weeks of the intervention.



The outcome of the Therapy



Pillar 3: Education, Research and Consultancy

Goal: Improved access to quality education and research services by 2027

St John of God College of Health Sciences programs and 2024 enrollment



PROGRAMME	COHORT	MALE	FEMALE	TOTAL
BSC NURSING & MIDWIFERY	2023	8	20	28
	2024	5	15	20
BSC PSYCHOTHERAPY	2023	11	15	25
	2024	13	13	26
BSC MENTAL HEALTH-PSYCHIATRIC NURSING	2023	5	5	10
	2024	3	2	5
DIPLOMA CLINICAL MEDICINE	2023	33	22	55
	2024	28	18	46
DIPLOMA IN CLINICAL MEDICINE (UPGRADING)	2023	3	3	6
BSC CLINICAL MEDICINE (MENTAL HEALTH)	2023	11	3	14
	2024	4	3	7
TOTAL		125	119	244

Students Graduation



15th Graduation ceremony held on 27th June 2024.

A total of 49 students graduated;

- 21 - Diploma in Psychosocial Counselling
- 8 - Bachelor of Science in Mental Health Psychiatric Nursing
- 18 - Bachelor of Science in Clinical Medicine (Mental Health) and
- 2 - Diploma in Nursing (RN)

Collaboration and Partnerships



Four staff members had an exchange visit at the University of Free State with support from Seed Global Health.

Strengthened collaborations

5 year MOU has been signed

Four Staff members currently doing their PhDs with the University

Harnessing Research

The College facilitated an Annual Research Conference on the 21st and 22nd of November, 2024

This attracted studies from across Malawi with keynote speakers from Malawi University of Science and Technology, Kamuzu University Health Sciences, and Stellenbosch University, South Africa.

The conference demonstrated the organization's growing research activities with various research projects presented.

SAINT JOHN OF GOD COLLEGE OF HEALTH SCIENCES

3RD RESEARCH DISSEMINATION CONFERENCE

Main THEME Revolutionizing Multidisciplinary Research: Bridging Theory, Practice, Innovation, and Teaching Excellence to Achieve Sustainable Development Goals.

THUR. 21ST - FRI. 22ND NOV 2024 08:30 - 16:00

JOHN ROCHE HALL SUDBURY

Sponsored by: [Logos for Saint John of God, Seed, and others]

Submit your abstract for research@sjog.mw

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DR. MUNYARADZI SARUCHERA
Community Development, Social Change, Environmental & Health Ecology | Senior Lecturer, Stellenbosch University | South Africa
KEYNOTE SPEAKER

PROFESSOR ADDRESS MALATA
Vice Chancellor MUST (Malawi)
GUEST SPEAKER

ASSOCIATE PROFESSOR GENESIS CHORWE-SUNGANI
Mental Health | Executive Dean | KJLS Malawi
KEYNOTE SPEAKER



Pillar 4: Partnership, Advocacy and Communication

Goal: Improved networking, advocacy, collaboration, and communication by 2027

Partnerships

To promote the mental health of employees and various stakeholders, we developed MOUs with additional partners in 2024;

TEVET - A psychosocial counseling services Memorandum of Understanding (MOU)

CIC Insurance – Mental Health Support Memorandum of Understanding, for the company's clients.

Malawi Liverpool Welcome Trust - Psychosocial Counselling services MoU, for staff members.

Mental Health Advocacy through District Health Management Teams (DHMT)

In partnership with SEED GLOBAL, we conducted advocacy meetings with 5 District Health Management Teams in 5 districts of the Northern region of Malawi to lobby for an improvement in mental health services including financing. The districts include Rumphi, Karonga, Chitipa, Mzimba South and Nkhatabay. There have been several improvements following the meetings, for instance, the districts can procure more psychotropic drugs through their ORT or their allocated 10%. The clients with mental health disorders are seen by a mental health worker either a nurse or a clinician. Improvements in record keeping and populating the Ministry of Health DHIS 2 as well as the inclusion of mental health activities in the District Implementation Plan (DIP). This has helped to reduce number of admissions from the districts since clients are managed right there, reducing burden on SJOG.



SJOG Representatives with Rumphi DHMT

Pillar 5: Resource Mobilization and Investment

Goal: Improved resource mobilization for the financial sustainability of the organization by 2027

In our ongoing efforts to promote mental health awareness and support, we conducted two impactful Mental Health Workshops tailored for the Human Resource and Corporate Social Responsibility departments. These workshops, held at The Service in Lilongwe and Money Men in Blantyre, were designed to equip professionals with the tools and knowledge to foster mentally healthy workplaces.

While our initial goal was to reach 150 participants across both events, we successfully engaged 126 individuals a strong turnout that reflects the growing recognition of mental health as a critical priority in the workplace. The workshops delivered immediate and meaningful outcomes:

Facilitated Mental Health Talks: We initiated open and constructive conversations about mental health within two organizations, sparking a wave of interest from others eager to follow suit.

Increased Awareness: The sessions significantly raised awareness about our mental health services, positioning our organization as a trusted resource for mental health support and education.

These workshops were more than just events they were a catalyst for change in pushing the mental health agenda in workplaces.



Mental health workshops in Blantyre and Lilongwe

HR Executives from various organisations that participated in the Mental Health Workshop in Lilongwe

SUMMER DONOR APPEAL CAMPAIGN.

One of our highlights last year was our Summer Donor campaign appeal. During the appeal, our organization joined forces with our sister organization in Ireland to launch a Donor Appeal that not only captured hearts but also achieved remarkable results. This campaign was a testament to the power of storytelling, collaboration, and the unwavering generosity of our supporters.

At the core of the appeal was Kennedy Chikuse, a beneficiary whose journey embodies the transformative impact of our programs. Kennedy's inspiring success story, coupled with a heartfelt letter from our dedicated physiotherapist, Precious Nkosi-Phiri, created a compelling narrative that resonated deeply with donors. Their words painted a vivid picture of hope, resilience, and the life-changing work made possible through contributions.

The response was overwhelming. The appeal garnered **350 donations**, raising an incredible **€23,000** to further our mission. This success was not just about the numbers it was a reflection of the trust and connection we've built with our supporters, who continue to believe in the work we do.

Below are some samples of materials used in the Donor Pack:

St John of God
Portage House
Salonga
Ca. Salonga
Doland

st John
of God
Foundation



All Kennedy wants is to be able to walk. Today, you can get him one step closer.

August 2024

<Salutation>, in Malawi, some children need a little extra help as they learn to crawl and walk. Your gift of €<Ask> can help fund the therapies children like Kennedy need to reach their full potential.

Dear <Salutation>,

Kennedy is four years old and dreams of being able to walk. I know, I see the determination on his face every day as I help him practice.

My name is Annie and I'm Kennedy's aunt.

I'm writing to you today to share his story, because it's only thanks to people like you that my little nephew is getting the therapy he needs.

And now your support is urgently needed to help more children like him.

In our family, we call Kennedy our little bundle of joy. He's such a happy, chatty boy, you'd almost never know that he's had such a difficult start in life.

Please turn over...

In the early days of the programme, Kennedy would cry and try to hide when the physiotherapist visited. But with time, as he saw the progress he himself was making, my nephew started to look forward to those visits.

Today, he's full of smiles during the sessions and chatters away to his physiotherapist and healthcare workers. He even calls their names when they're not there.

In his heart, Kennedy knows the difference this amazing programme is making.

And his family, we know it too. We see what he has achieved since he started, the progress he has made with his exercises. I see how patient the physiotherapist is with Kennedy, even when my nephew is just not in the mood.

The negativity never lasts; the physiotherapist starts playing with him and soon, Kennedy's attitude shifts and he wants to practice his walking.

<Salutations>, the St John of God Portage Programme has the potential to help an incredible 8,374 children in Malawi.

With the support of people like you - people who care deeply about children like Kennedy - thousands more children could be helped.

Will you please send a gift of €<Ask> to be a part of that? *Every child has the right to thrive!*

Through the Portage Programme, Kennedy received a walking frame and knee, ankle, and foot orthoses. Thanks to those devices, his leg muscles are getting stronger and his feet straighter.

Kennedy has always longed to be able to play with his friends. He'd get so excited when they'd visit, then so upset when he couldn't take part in the games.

Before the programme, my nephew couldn't sit up by himself. He couldn't crawl, couldn't stand. He soon learnt to sit up and to crawl, and now stands up with assistance. We're hopeful that one day, he will stand by himself.

*And the thing that has brought us the most joy?
Kennedy can now play with his friends!*

Please turn over...



Kennedy and me, practicing his walking



Kennedy didn't want his orthoses at first. Now he asks for them to be put on!

RENEW OF THE RESERVE BANK OF MALAWI HOUSEKEEPING CONTRACT

For JOG Enterprise we are pleased to share that the Contract we have with the Reserve Bank of Malawi to offer Housekeeping services at the Central Bank's Headquarters has been renewed and it runs from this year 2025 to 2027 worth MWK MK338,000,000.00.

Human resources – Professional Training

The following employees have been studying at different levels and in different institutions of higher learning.

No	Name of Staff	Course and Training Institution	Status
1	Ndumanene Devlin Silungwe	PhD in Clinical Psychology, California Southern University	Completed
2	Mwawi Ng'oma	PhD in Mental Health, University of Malawi	Completed
3	Chimwemwe Tembo	PhD in Mental Health, Curtin University, Australia	In Progress
4	Chikondi Matenda	BSc, St John of God College of Health Sciences	Completed

5	Mcpherson Sopani	BSc, St John of God College of Health Sciences	Completed
6	Napasyanga Nyondo	Diploma, Kilimanjaro Allied School for Health Science in Tanzania	Completed
7	Gilbert Kamanga	BSc, St John of God College of Health Sciences	In Progress
8	Mwawi Manda	Diploma in psychosocial counseling, St John of God College of Health Sciences	Completed
9	Richard Banda	PhD in Public Health, University of the Free State-RSA	In progress
10	Jester Jere	PhD in Nursing, University of the Free State-RSA	In progress
11	Chimwemwe Munthali	PhD in Nursing, University of the Free State-RSA	In progress
12	Meriam Kalyolyo	PhD in Health Professions Education, University of the Free State-RSA	In Progress
13	Ndawire Phiri	Masters in Nursing, Kamuzu University of Health Sciences	In Progress
14	Ella Mithi	Masters in Global Sanitation University of Livingstonia	In Progress
15	James Kotokwa	Masters in Community Health Nursing, Kamuzu University of Health Sciences	In Progress
16	Richard Shadreck	Masters in Nursing Education-Clinical Teaching-Mzuzu University	In Progress
17	Moster Chirambo	Masters in Nursing Education-Clinical Teaching-Mzuzu University	In Progress
18	Elizabeth Nyirongo	Masters in Nursing Education-Clinical Teaching-Mzuzu University	In Progress
19	Amos Hara	Diploma in Nursing RN, St John of God College of Health Sciences	Completed
20	Christopher Mhone	PhD in Social Work, University of Kwa-Zulu Natal	In Progress
21	Ireen Mithi	Diploma in Nursing RN, St John of God College of Health Sciences	Completed
22	Wakisa Lwesha	MBA in Health Systems Management, Kamuzu University of Health Sciences	In Progress

23	Sylvester Malunga	Masters in Epidemiology, Kamuzu University of Health Sciences	Completed
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Staffing Levels

Staff on Mzuzu & Lilongwe services Govt. payroll including those college	103
Mzuzu Hospital staff on Mzuzu Govt. payroll	96
Mzuzu Hospital staff, not on Mzuzu Govt payroll	72
Mzuzu Hospital staff on Lilongwe payroll	03
Lilongwe Hosp. staff on Govt. payroll	63
Lilongwe Hospital staff not on government payroll	58
College staff not on government payroll	07
College staff on College Government payroll	08
College Staff on Mzuzu Hospital Government payroll	03
Mzuzu Hospital staff appearing on College Govt payroll	01
Staff on Mzuzu Govt. Payroll but working in Lilongwe	09

Volunteers

SJOG Centre	06
Granada Centre, Lilongwe	05
Child Development Centre	05
Umoza	14
IECCD Project	2,462
SJOG and Christian Blind Mission Project	37
Saint John of God Brothers	19

Financial Statements

Revenue:

Source of Funds	2024	2023
	MK	MK
Hospitaller Order of St. John of God [Ireland]	1,744,944,699	1,943,483,427
College	377,007,093	190,962,000
Stitching Internationale Order van Hospital Broeders	788,411,625	181,369,501
Government of the Republic of Malawi	1,027,186,005	849,991,779

St John of God Foundation	94,978,368	71,270,062
Ireland - Research grants	20,084,515	55,832,937
Kindernothilfe V.e., Germany	657,647,648	618,286,424
JOG Enterprises	598,171,265	491,302,374
GIZ – Horticulture Project	51,401,371	24,961,035
Save the Children Malawi	300,078,624	271,686,676
Other donations	122,662,800	161,727,998
Seed Global	21,497,260	36,395,320
Client fees	506,210,133	377,085,640
Christian Blind Mission	155,748,618	140,085,913
Other Income [Exchange rate gains & Sundry]	409,481,502	743,809,344
Gross Income	6,875,511,526	6,157,544,960

Expenditure

Details	2024	2023
	MK	MK
Pay	2,379,637,239	1,930,920,967
Non-Pay	4,481,062,876	3,831,675,521
Gross Expenditure	6,860,700,115	5,762,596,488
(Deficit)/Surplus	14,811,411	394,698,702

